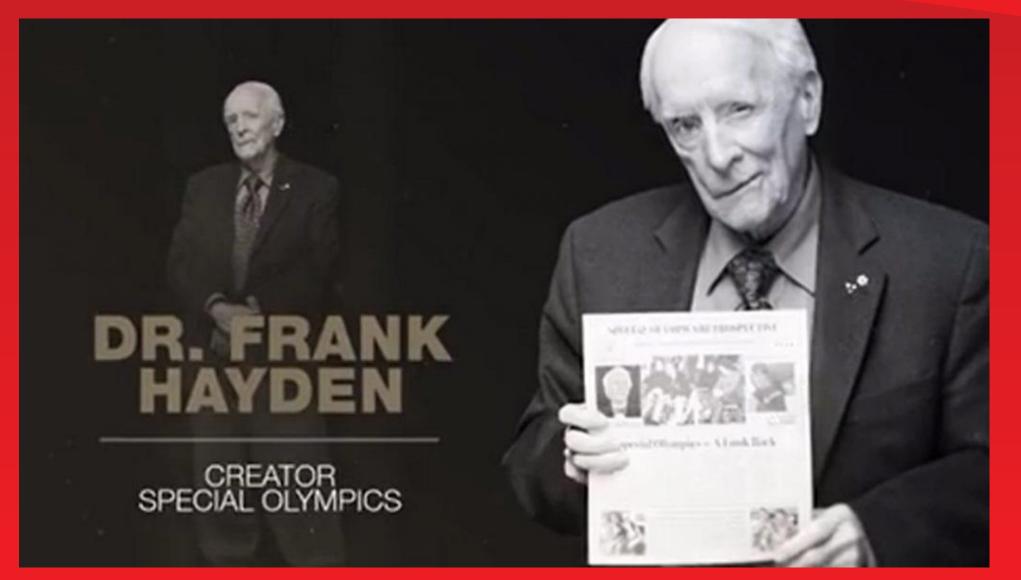


Special Olympics 201 Welcome to a Global Movement





Our Mission, Vision, & Values

MISSION:

Special Olympics Ontario is dedicated to enriching the lives of Ontarians with an intellectual disability through sport.

VISION:

Our vision is that sport will open hearts and minds towards people with intellectual disabilities and create inclusive communities all across Ontario.

VALUES:

Empowerment We create opportunities to pursue full potential.

Excellence We elevate standards and performance.

Respect

We operate in an environment of cooperation, collaboration and dignity.

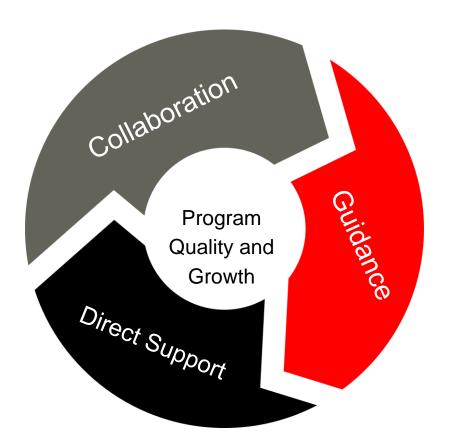
Diversity

We honour what is unique in each individual.

Inclusion We foster inclusive communities.

Our Purpose

Through collaboration, guidance, and direct support, SOO serves as a catalyst for and champion of Program quality and growth.







DISTRICT MAP **AND COMMUNITIES**

NORTH WEST ONTARIO

- · Atikokan
- · Dryden
- · Fort Frances · Kenora

- · Red Lake · Terrace Bay
- · Thunder Bay

· Marathon

CENTRAL ONTARIO

- · Barrie
- · Central Bruce
- · Collingwood & Area
- · Dufferin
- · Haliburton
- · Huntsville · Huronia
- · Kawartha Lakes
- · Kincardine & Area

- · Meaford & Thornbury
- · Muskoka - Orillia
- · Owen Sound & Area
- · Peterborough
- · South Saugeen
- · South Simcoe
- · Wiarton
- · Wingham & Lucknow

South Western Ontario

- · Amherstburg
- · Avlmer
- · Brantford
- · Chatham-Kent
- · Goderich
- · Huron
- · Ilderton
- · Ingersoll
- · LaSalle-Windsor · Leamington & Essex

- · London
- ·Sarnia
- ·Simcoe
- · St. Thomas
- · Stratford & Area
- ·Strathroy
- · Tillsonburg
- · Wallaceburg
- · Woodstock
- · Woolwich

North West North East Eastern Central Greater **Toronto** South Western

North East Ontario

- · Almaguin Highlands
- · Azilda
- · Blind River
- Elliot Lake
- Espanola
- Hearst
- · Iroquois Falls
- · Kapuskasing Kirkland Lake
- Manitoulin Island

- · New Liskeard
- · North Bay
- · Parry Sound
- · Sault Ste. Marie
- · Sudbury East
- · Sudbury
- · Timmins
- · Valley East
- · West Nipissing

EASTERN ONTARIO

- · Alexandria-Cornwall
- Arnprior
- · Barry's Bay & Area
- Belleville-Quinte West
- Brockville & Area
- · Kingston Lennox & Addington
- · Northumberland
- · Ottawa · Pembroke
- · Perth
- · Renfrew
- · Smith Falls

GREATER TORONTO AREA

- · Aurora
- Brampton
- · Greater Durham
- Mississauga
- · Newmarket & Area
- · Toronto
- · Vaughan
- · York South

SOUTH CENTRAL ONTARIO

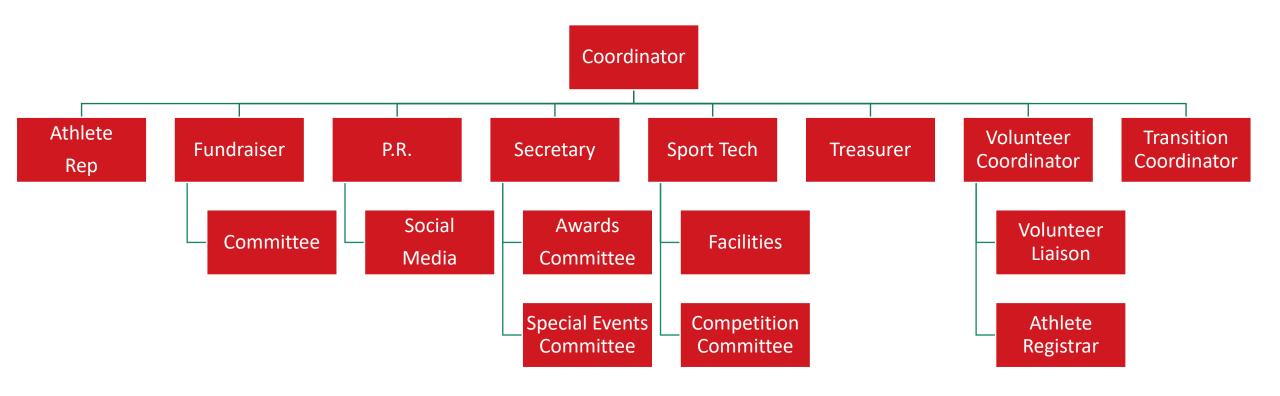
- · Ancaster
- Burlington · Cambridge
- · Dundas
- Fergus

South Central

- Fort Erie
- Georgetown
- · Grimsby & Lincoln
- · Guelph Haldimand County

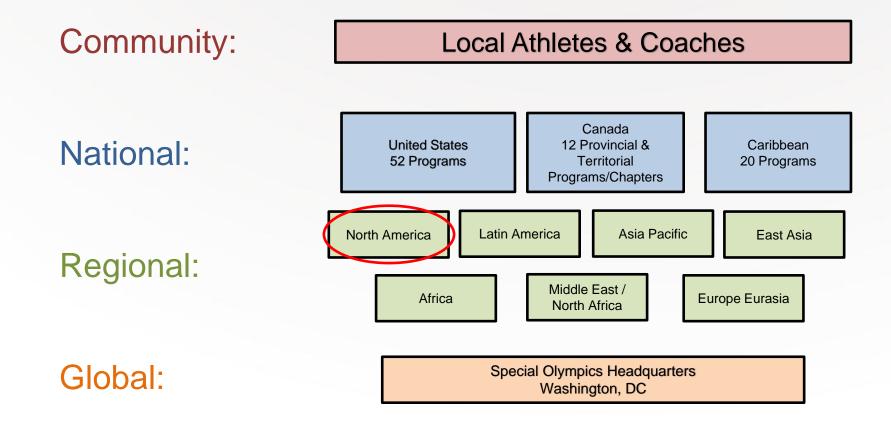
- · Hamilton
- · Kitchener-Waterloo
- · Milton
- · New Hamburg
- · Niagara Falls
- · North Wellington
- · Oakville
- · Port Colborne
- · St. Catharines
- · Welland

SOO Community Volunteer Council



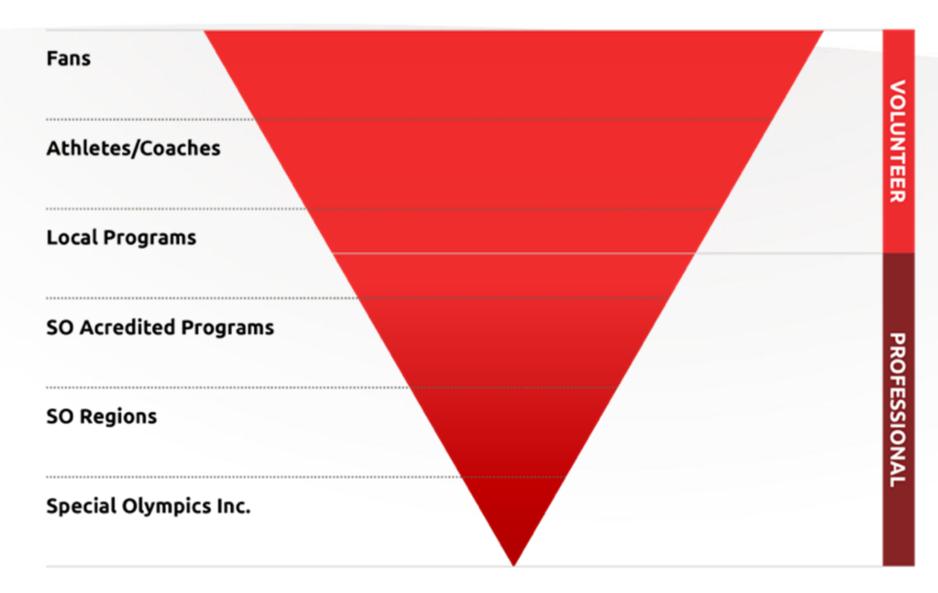
SOO & SO North America/SOI: Organization Structure





Our Structure





2023





TOTAL PARTICIPANTS
ATHLETES & UNIFIED PARTNERS



4,238,388

ATHLETES (3,595,966

YOUNG ATHLETES

228,835

UNIFIED **PARTNERS** 642,422

ATHLETE GENDER

62.9% FEMALE MALE

0.1% OTHER

COMPETITIONS

53,779



UNIFIED 21,276

COACHES

366.978



CERTIFIED 214,425

SPORTS PARTNERSHIPS

1,225

GLOBAL FOOTPRINT

NATIONAL & STATE PROGRAMS

256

COUNTRIES & JURISDICTIONS

207

LOCAL PROGRAMS

26,100

GAMES/HOUR



LEADERSHIP & COMMUNITY



VOLUNTEERS 777,670



ATHLETE LEADERS 153,966

NUMBER OF PAID STAFF WITH ID 221

HEALTH





HEALTH CARE WORKERS TRAINED 65,872

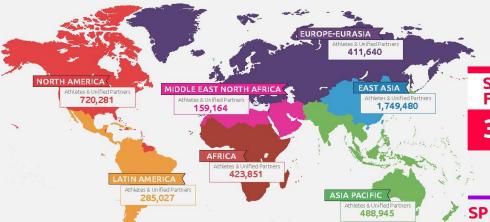
EDUCATION & YOUTH



UNIFIED **SCHOOLS** 20,160



YOUTH LEADERS 105,026



SOCIAL MEDIA FOLLOWERS

3,201,328

SPECIALOLYMPICS.ORG



How We Communicate



Communicating

- Staff
- Other volunteers
- Sharing information
- Public Awareness
- Trying new things:
 - Monthly connect calls
 - Bi-weekly update e-mails
 - Whats App



Athlete Leadership









Sports and Competition



Competition structure



Athletes can expect to participate in a minimum of one competition each season for each sport they are registered in.

Most competitions will occur at the community or conference level, but there is a competition pathway that leads all the way to World Games. Athletes can qualify for Major Games regardless of their ability level.

Community Competitions

- Communities can host practice swaps with neighbouring communities
- Communities can participate in Province wide virtual competitions
- · Invitational Competitions can be held at the community level

Conference Competitions

- Teams can travel to competitions within their conference, or attend an invitational anywhere across the province (some teams participate in competitions in Quebec, Manitoba or some of the Northern States)
- Each year prior to the corresponding Provincial Games a Provincial Qualifier will be designated for each team- athletes and teams attend this competition to compete to advance to the Provincial Games

Provincial Games

- Held on a rotating basis over a 4-year period
- Advancement is determined by performance relative to peers of equal skill level
- Team Ontario members will be determined by Provincial Games results

National & World Games

- Games are held every 2 years on a rotating basis Summer & Winter
- Team Canada members are determined by National Games results

Major Games Pathway

Spring Sports

Basketball

Bowling (Tenpin)

Powerlifting

Rhythmic Gymnastics

Swimming

Summer Sports

Athletics

Bocce

Golf

Soccer

Softball

Winter Sport

Alpine Skiing

Bowling (5 Pin)

Curling

Figure Skating

Floor Hockey/Ball

Nordic Skiing

Snowshoeing

Speed Skating



Major Games Pathway



Team Ontario

Chef de Mission

First Volunteer Chef, Duane Carson

Team Ontario's Foundation

Excellence

Empowerment

Respect

Growth

Community





Decision Making and Policy



SOO & SO North America/SOI: Organization Structure – Decision Making and Policy



Community: Local Athletes & Coaches Canada **United States** 12 Provincial & **National:** Caribbean 52 Programs Territorial 20 Programs Programs/Chapters North America Latin America Asia Pacific East Asia Regional: Middle East / Europe Eurasia Africa North Africa Global: **Special Olympics Headquarters** Washington, DC



Sport in the Community



Sports and Competition

- Special Olympics Ontario currently offers 18 official sports and 6 development or partnership sports as well as a variety of Fitness and Fundamental skill development programs
- Sports are broken down into 3 seasons, Summer, Winter, and Spring
- Competition pathway: local, regional, provincial, national, international

Athletics Bocce Golf Soccer Softball

Winter 5 Pin Bowling Alpine Skiing Curling Figure Skating Floor Hockey Floorball Nordic Skiing Snowshoeing Speed Skating

Spring 10 Pin Bowling Basketball Powerlifting Rhythmic Gymnastics Swimming

Canoe/Kayak
Cheer
Cricket
Equestrian
Pickleball
Volleyball
Rock Climbing

Dev/Partner

Active Start Crossfit Fitness FUNdamentals MultiSport Walking



• LETR









Health and Research







From Healthy Athletes to Healthy Communities

Healthy Athletes	\rightarrow	Healthy Communities
Episodic		Continuous, Year-Round
Screen, Identify, Refer, Some Care and Education		+ Care and Education
Limited Referral Ability		Continuing Care Partnerships
Universally Relevant Issues		+ Locally relevant health issues
Static, Snapshot Data		Longitudinal, high impact data
Health outcomes often unknown		Technology to close referral loop

Addressing health inequities requires a multi-level approach

Policy/Enabling environment

Community/ organizational

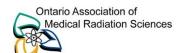
Interpersonal

Individuals



Healthy Communities is changing how health care services are being delivered to people with ID through:

- (1) Advocacy (2) Research
- (3) Provider training
- (4) Resource development
- (5) Partnerships

















Research

Participation in Special Olympics Linked to Reduced Risk of Depression Among Young Adults with Intellectual Disabilities

SPECIAL
OLYMPICS
PARTICIPANTS
WERE
49%
LESS LIKELY
TO DEVELOP
DEPRESSION
COMPARED TO
NONPARTICIPANTS.

<u>Global News Repo</u>

ACROSS THE PERIOD OF **UP TO 20** YEARS, THE RISK OF **DEPRESSION** WAS 9.49 PER 1,000 **PERSON YEARS** IN SPECIAL **OLYMPICS PARTICIPANTS** COMPARED TO 19.98 PER 1,000 **PERSON YEARS** FOR NON-PARTICIPANTS

AGE, SEX, TYPE OF COMMUNITY (RURAL VS URBAN), AFFLUENCE, AND **MORBIDITY** OF **INDIVIDUALS DID NOT** INFLUENCE THE **OUTCOME OF** THE STUDY.

"This study provides strong evidence that participating in Special Olympics has a positive impact on mental health which means that community-based physical activity programs, like Special Olympics, can be a great social prescription for health care providers and social service workers to use when supporting young adults with IDD in their mental health and well-being."

Dr. Meghann Lloyd Lead Author and Researcher Faculty of Health Sciences, Ontario Tech University



Special Olympics in Schools



Unified Champion Schools



An Inclusive Schools Strategy designed to foster inclusion in school communities

Inclusive Sport & Health

Youth Leadership

Whole School Engagement













Special Olympics
Unified Champion
Schools®











Partners











Tim Hortons.







Questions? Welcome to a Global Movement

