



Free  
Giveaways!

Special Olympics  
Ontario



## You're Invited: FREE Special Olympics Ontario Health Screenings & Education

Special Olympics Ontario athletes and non-athletes with an Intellectual Disability are invited to attend two upcoming **Healthy Athletes** Screenings in Barrie. The Special Olympics Healthy Athletes program is a worldwide initiative that provides **FREE** health screenings and education to Special Olympics athletes and people with intellectual disabilities.

### The Screenings:

**Fit Feet** offers podiatric screenings to evaluate ankles, feet, lower extremity, and proper shoe and sock gear to participating athletes. Fit Feet helps Special Olympics athletes step lively on the playing field, and in everyday life. Many athletes suffer from foot and ankle pain, or deformities that impair their performance. In fact, up to 50 percent of Special Olympics athletes experience one or more preventable or treatable foot conditions that can affect their sports participation. Participants receive a **FREE** pair of insoles.

**Opening Eyes:** The Special Olympics-Lions Clubs International Opening Eyes program provides vision and eye health education. Led by Dr. Nadine Furtado and volunteer vision care professionals, Opening Eyes connects athletes to local optometrists and offers **FREE** prescription eyewear, sunglasses, and sports goggles to Special Olympics athletes for follow-up care. **Come on out and choose a new pair of frames!**

**Date:** Sunday April 2<sup>nd</sup> 2023

**Location:** 320 Bayfield St, Barrie, ON L4M 3C1

**Time:** 11 am – 5 pm

**Additional Information:** Attendees taking part in the screenings must have an intellectual disability, but are not required to be participating in Special Olympics Programming.

**Please register to attend here:**

<https://www1.specialolympicsontario.com/health/healthy-athletes-consent-form/>

For more information, please contact Brock  
Reissner: [brockr@specialolympicsontario.com](mailto:brockr@specialolympicsontario.com) or  
416-447-8326 ext. 249