

School Programs

Special Olympics provides sports training, education and athletic competitions for students with an intellectual disability. Teachers include Special Olympics in their physical education curriculum. They also develop after school clubs which provide extracurricular and interscholastic sports to elementary and secondary students with intellectual disabilities.



Competition takes place as volunteer committees throughout the Province host various school competitions throughout the year. Also, School boards include Special Olympics divisions in their existing competitions. There are over fifty competitions around the Province each school year. Through competitions and sports training, students have the opportunity to develop physical fitness, build self-confidence and develop friendships. School Athletes are encouraged to transition into community club programs as they near graduation from High School.

