

Eligibility and Equipment

Proof of Age

- Each participant's age is determined as of January 1st.
- Included in this package is an Age Chart to assist at the registration table.
- If a participant arrives to your competition and has competed in the wrong age category in previous levels, please have them compete in the proper category that day. Please explain to the participant why and make the correct age change on their form.
- In all three levels of physical competition, participants must compete within the correct age category or else they cannot participate. Participants **CAN NOT** compete upwards, ie. 13 year olds can't participate in the 14 year old category. **At the State Level, if Score Sheets received indicate that a participant competed in the wrong age category that participant will be disqualified!**

Free Throws

- At all levels, participants receive 3 warm-up shots before taking their shots that count towards their score.
- Council Level participants shoot 15 consecutive free throws.
- District and Regional Level participants shoot 25 consecutive free throws.
- In case of a tie for first place at the Council and District Level or at the Regional Level for 1st, 2nd or 3rd, when all the participants in the age category have finished shooting, those who are tied for the mentioned places will need to shoot again to break the ties.
These participants will shoot in the same order as they did during the competition shooting 5 consecutive free throws each, with no warm-ups. Successive rounds will continue until the ties are broken and you have a single winner or a single person in each of the 1st, 2nd and 3rd place positions.

Basketball Size, Foul Lines, Free Throw Rules

- 9, 10 & 11 year olds will use a women's regulation size ball (Size 6 / 28.5") & shoot from a 12 foot foul line.
- Girls Ages 12 to 17 will use a women's regulation size ball (Size 6 / 28.5") & shoot from the 15 foot foul line.
- Boys Ages 12 to 17 will use a men's regulation size ball (Size 7 / 29.5") & shoot from the 15 foot foul line.
- The baskets should be 10 feet off the ground for all age categories.
- The Foul Line is determined from the backboard of the basket, not from the basket itself.
- When a participant is shooting, their feet must remain behind the line! If the participant's foot or feet fall on the line or past it before the ball hits the rim or backboard, the shot will be counted as a miss.
- If the ball makes contact with the supporting structure that the backboard is attached to or the wall and goes in through the basket, the shot will count as a miss!

Winning participants must be present at the next competition. If the winner cannot attend the next level, the second place winner can be sent in their place.