



What is Champions in Motion?

Champions in Motion is the second step in the UCS programs pathway. These events target the FUNdamentals stages of the Long-Term Development Model, using skills and drills developed in the [Youth Multi-Sport guide](#). With a focus on either bocce or basketball students will participate in sport specific skills and drills in the morning before transitioning to game play and friendly competition in the afternoon.

FUNdamentals and Youth Multi-Sport:

FUNdamentals focuses on enhancing students' sport skills, increasing their daily activity, and building on the foundation of the Active Start program through low-organizational games and activities.

Unified Champion Schools Involvement:

In keeping with Special Olympics' mission, the Unified Champion Schools strategy uses sport and wellness as a foundation in combination with two other major pillars, to connect Special Olympic Athletes and Unified partners and create an environment of acceptance and inclusion beyond the playing field. Unified Champion Schools prepare all students with lifelong tools and training. This school strategy builds a climate where students work and grow with each other through opportunity for all.

Unified and Champions in Motion:

Champions in Motion events encourage Unified participation offering classmates the opportunity to connect and learn from each other. Unified at this level works best with 1:1 participation (1 Special Olympics athlete: 1 Unified Partner).

WHY?

Champions in Motion events are the second step in the UCS participation model. They prepare athletes for sport and competition at the high school level. It introduces sport rules to athletes while also developing their teamwork, communication, and leadership skills in inclusive and competitive environments. There is **no cost** to participate in these events.

WHO?

These events are open to all elementary students however they are best suited to those in intermediate grade levels.

