

Introducing Special Olympics' Elementary Monthly Movement Virtual Programming

Special Olympics is excited to bring new monthly virtual programming to classrooms across the province! Our goal is to connect with our elementary schools and provide fun, inclusive activities that seamlessly fit into your school day!

How it Works?

- Each month, Special Olympics will release a five-day activity package built around a unique theme.
- The package will include what equipment is needed, the instructions and guidelines to make running these activities simple for your classroom.
- Classes can complete the activities in any order: this could be, five days in a row, spread out over the month or mixed into your schedule
- Each activity has a correlated square on a BINGO card at the end of the package.
- When you complete an activity, cross it off the BINGO square and read the Scoring section of the activity to see how to earn bonus points!
- Teachers will submit their scores through this [link](#) by the final Friday of every month.

Program Goals

Our monthly activities align with the four key areas of the Ontario Health and Physical Education Curriculum:

1. Social-Emotional Learning: building confidence, resilience and empathy
2. Active Living: encouraging movement and enjoyment of physical activity
3. Movement Skills: developing coordination, balance and fundamental skills
4. Healthy Living: promoting positive choices for lifelong wellness

These activities are designed to be fun, adaptable and inclusive to give all students the chance to succeed while staying active and engaged.

Special Olympics Ontario

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Scoring and Competiton

- At the bottom of each package, there is a BINGO card to track what activities your class has completed
- There is also a spot to track the bonus points earned for each activity
- Note: each BINGO square completed is 5 points, so when filling out the spot to calculate the total points earned for each day, you are adding bonus points and the points from the completed BINGO squares
- By the last Friday of each month, teachers must submit their scores for the month through this [link](#)
- This is going to be a competition between schools, so scores will be put on a leaderboard to showcase standings

Important Dates

- The important dates will be on the Special Olympics Ontario event [calendar](#).

Who Can Participate

- Everyone in grades K-8!

We cannot wait to have you all join us and participate in our Elementary Monthly Virtual Programming! We believe that when we move together, we win together!