

SPECIAL OLYMPICS SPORT FESTIVAL



Special Olympics
Ontario



 **School Programs**

What is the Sports Festival?

The Sports Festival is an introductory event where elementary students with intellectual disabilities have the opportunity to try ability-appropriate activities and games that promote physical activity and healthy living!

Special Olympics Ontario hosts Sports Festivals around the province to introduce young athletes, teachers, and families to the Special Olympics Movement and to share ideas and resources!

Some of the games and activities that are found include but are not limited to Basketball, Bocce, Bowling, Dance Station, Floor Curling, Obstacle Course, Soccer and many more.

The purpose of the Sports Festival is to provide developmentally appropriate programming for young athletes with intellectual disabilities through our two primary stages of development:



The Active Start program introduces basic fundamental movement skills through unstructured play.



The FUNdamentals program continues working on fundamental movement skills in sport-specific settings.

