



PLF 4M

Special Olympics Ontario Unified Champion Schools is a school strategy that promotes and integrates social inclusion, youth leadership, and whole school engagement while using sport as a foundation. SOO Unified Champion Schools is looking to partner with educators to help drive their PLF 4M (Recreation and Healthy Active Living Leadership) course this year. While partnering with Special Olympics, leadership courses will host events, raise funds, and build leadership skills through community and school engagement!

How SO can help:

- Obtain access to inclusive lesson plans and course materials.
- Ideas and guidelines for school-wide initiatives
- Provide volunteer opportunities
- Provide opportunities to host school/district wide events

In partnering with SO students will...

- Apply teamwork principles while working in various group dynamics and gaining diverse perspectives
- Gain an understanding of leadership styles and opportunities to implement these styles in real-world situations.
- Apply leadership to health and active living
- Plan and coordinate events promoting healthy active lifestyles while paying attention to specific details to ensure a safe and efficient event.
- Implement mentorship through inclusive group work
- Identify and explain the benefits of lifelong involvement in healthy active living while also understanding the factors that encourage or limit participation in these activities.

Special Olympics Ontario

65 Overlea Boulevard, Suite 200, Toronto, ON, M4H 1P1

Tel 416-447-8326 / 1-888-333-5515 Fax 416-447-6336

Web www1.specialolympicsontario.com/schools

Facebook/Instagram/X @SOOSchoolChamps

Registered Charitable Number - 11906 8435 RR0001

Created by the Joseph P. Kennedy Jr. Foundation for the benefit of persons with intellectual disabilities.