# School Championships Qualifiers Floor Hockey Technical Package Unified \& Traditional 



Special
Olympics Ontario

## School Championships Qualifiers

## Youth Floor Hockey Competition 6-on-6 Rules

## 1. Competition Format

## 1a. Game Points and Team Ranking

Round Robin Format within your division

- Game Points Scoring System:
- 3 points for a win
- 2 points for a tie
- 1 point for a loss
- NO overtime at qualifiers (ties will stand)
- Tie breakers at qualifiers to be determined in succession:
- Highest game points (based on scoring system outlined above)
- Lowest points against average
- Highest points for average
- Draw from a hat
*In the event of a three-way tie, once a team has been eliminated from the tie, the tie breaking process for the remaining two teams will start at the beginning.


## 1b. Uniforms

All teams must supply their own uniforms. T-shirts or sport uniforms are permitted as long as all uniforms are identical for all players. Numbers on uniforms are not required but preferred.

## 1c. Equipment

1. All teams must supply their own uniforms and protective equipment (explained further later). 'Hockey' jerseys are preferred; however, t-shirts are permitted as long as all uniforms are identical for all players.
2. All players must wear non-marking indoor gym shoes (those without, will not be permitted to participate).
3. All pucks (felt discs) will be provided by SOO.
4. The goal nets used will be the same dimensions of regulation size hockey or ball hockey nets.

Players:

a. Sticks must be from the supplier Slik Stik and obtained through previous SOO competition, or directly from supplier.
b. Safety equipment: all players must wear the following items while on the playing surface, to be provided by the individual school or athlete.

- Canadian Safety Association (C.S.A.) approved hockey helmet, to which a C.S.A. approved full facial protector must be securely attached and not altered in any way. Any alteration to a C.S.A. approved helmet or full facial protector automatically destroys the certification. (A Canadian Safety Association approved cage shall be considered as appropriate facial protector). Enforced nationally.
- Gloves
- Shin pads


## Optional equipment

- Athletic support (jock/jill)
- Elbow pads (strongly encouraged)
- Mouth guard

Goalies
a. All equipment worn by the goalkeeper must be constructed solely for the purpose of protection of the head or body, and must not include any garment of contrivance which would give the goalkeeper undue assistance in keeping goal.
b. Goalkeepers shall not wear pads (ice hockey, or some reasonable facsimile, i.e. cricket pads) that exceed 12 " in width when strapped to the leg. All goalkeepers' gloves worn shall be regulation ice hockey or some reasonable facsimile (i.e. baseball glove).
c. The goalkeeper's stick shall be a regulation ice hockey goalkeeper's stick.
d. SOO will have sets of goalie equipment on site although it is preferable that you use your own goalie equipment.

## 1d. Game Forfeit

Should a team forfeit a game, the following point allocation will be used:

- Game not started: a score of 12-0 will be recorded
- Game started: opponent's score will be recorded as 12, forfeit team score will be current score when forfeit occurred.


## 2. Rules of Play

## 2a. Divisioning

1. The Head Coach must include a team ranking during online registration for each team.
a) A skills assessment is to be completed for greater division accuracy
2. Teams are grouped in divisions according to their team ranking.
3. Each team will be required to play all team members in all games.

## 2b. Team and Players

1. Traditional teams: minimum 6 and maximum 11 athletes with an ID ( 6 players and 5 substitutes)
2. Unified teams: minimum 6 and maximum 12 athletes (maximum 4 mainstream Unified partners). During competition, the 6 person team on the pad must be made up of 4 athletes with an ID, and 2 Unified Partners.
3. 6-on-6 floor hockey includes five players plus one goalie. Each team must start the game with six players or forfeit the game. If a team falls below six players once the game has started due to injury, the team will be permitted to continue with five players on the floor. If a team falls below six players due to player ejection, the team will forfeit that game.

## 2c. The Game



Games will be played on a gym floor. 'Rink' size will be similar to that of a single gym.
There will be no side or end boards used at competitions. All pucks crossing the side or end lines will be deemed out of bounds. A puck behind the net is still considered "in play". The non-offending team will be given access to the puck to pass it back into play.

1. Games will be played for two, 10 minute halves, with 1 minute in between each half.
2. Each period will consist of 3,3 minute shifts. Coaches are asked to change their entire 5 player line, unless they do not have enough subs. Signal from the Game Timekeeper will indicate the end of each shift. To resume play at the beginning of each period, the face-off will occur at the centre face-off circle. All other stoppage of play will resume at the face-off circle closest to the stoppage of play.
3. All actual play during the game shall be clocked as running time. The clock will be stopped in the following circumstances.

- "time-out" request
- between shifts (line changes)
- player substitutions (in case of injury)
- assessment of penalties
- at the Referee's discretion

4. Each team shall be allowed a 1-minute time-out per game. The team official shall signal the Referee during a stoppage of play by making the letter "T" with his/her hands.
5. Teams must change ends after each period unless both coaches decide before the game not to do so.

## 2d. Competition

Face-offs

1. A face-off shall occur:

- To begin the game and each period at the centre floor face-off circle;
- After each stoppage of play during a period, the face off will occur at the nearest face-off circle, unless it is after a goal or a crease violation by an offensive player.
- After a crease violation by an offensive player the face-off will occur in the offender's zone;
- After each goal at the centre floor face-off circle;
- After each minor or major penalty at the offending team's defensive end;
- When an unsafe condition exists due to a cracked or broken stick(s) in the vicinity of play or at any other time deemed appropriate by the referee. A
face-off must take place at the nearest face-off circle to the position of the puck when play was stopped.
- In the case of a delay penalty call the resulting face-off shall be at the nearest face-off spot in the defensive zone of the team receiving the penalty.
- In a situation where both teams receive penalties, the face-off shall be at the nearest face-off spot to the actual stoppage in play.

2. The players taking the "face-off" shall stand squarely facing their opponent's end of the floor. All players must be "on-side" with no player within 1.8 m (6ft.) of the players facing-off.
3. The players facing-off and their sticks must be an equal distance from the puck, $30 \mathrm{~cm}(1 \mathrm{ft}$.) from the centre of the face-off spot.
4. Play is put in motion when the referee blows his/her whistle.
5. The puck must be swept out of the face-off circle without placing the stick in the centre of the puck and contact must be made by another player other than the one facing-off before the centering player can regain control of the puck.
6. If a player facing-off fails to perform the face-off correctly, i.e. repeated attempts to anticipate (beat) the whistle, the Referee may order him/her replaced for the faceoff by any player on the floor. The coach will appoint an alternative player.

Stoppages of Play

1. Stoppage of play shall occur when:

- Offensive Player Crease Violation - When an offensive team member enters the crease with their stick or any part of their person.
- Defensive Player Crease Violation - A defensive player brings a puck into the goal crease area or if any part of his/her body touches the goal creases area.
- Illegal or Broken Stick - A player breaks his/her stick or who is found playing with an illegal or broken stick.
- Goalkeeper Puck Violation - When a goalkeeper holds the puck for more than three seconds or throws the puck forward to a player on his or her team. Note: A goalkeeper may pass the puck forward to a team member with his/her stick, or throw the puck to the side.
- Holding the Puck - When a player deliberately holds the puck against the boards or any part of the goal in any manner.
- Puck out of Bounds - When the puck goes outside of the playing area.
- Falling on or Gathering the Puck - When any player except a goalkeeper, who deliberately falls on or gathers the puck into his/her body by any means, while standing or lying on the floor.
- Unsafe Conditions - When the referee deems that an unsafe condition exists. A referee who inadvertently stops the play and realizes their error shall re-start play from the centre face-off spot.


## Delay Calls

1. In the event a penalty is called against a player whose team does not have control of the puck the referee will indicate a delay penalty by raising his/her arm. The referee shall stop play once the offending team touches the puck. If the offensive team scores during this delay situation the penalty is recorded but not served and the goal is counted. The penalty is still part of the 3 penalty called rule. If the defending team is already serving a minor penalty and a goal is scored during the delay call, the goal will only negate minor penalty being served.
2. 3 penalty rule: If a player receives a "Games Misconduct Penalty" as a result of receiving a third minor penalty, the "Games Misconduct Penalty" shall be served after the players third minor penalty has expired. The Manager or Coach of the penalized team shall select an individual to serve the Minor Penalty.
3. When a defensive player enters his/her own crease with their stick or any part of their person. Play to continue until the offensive team loses control of the puck. If the defensive player(s) vacate the crease area, play carries on. In the event of a delay call, the offensive team that has possession of the puck can pull their goalie for an extra attacker.

## Minor Penalties

1. For a "Minor Penalty" in any one game, except to a goalkeeper, the penalized player shall be ruled off the floor for one minute of actual playing time, during which time no substitute shall be permitted.
2. Illegal Equipment - any player, including the goalkeeper, for using a stick which does not conform to the provisions of this rule.
3. Goalkeeper Penalty - When a goalkeeper leaves the goal crease, he/she shall be assessed a Minor Penalty. A goalkeeper shall be considered leaving his/her crease when his/her entire body is outside the line which marks the boundary of the crease.
4. Body Checking - any player who, in the opinion of the Referee, intentionally body checks an opposing player.
5. Charging - any player who runs or jumps into or charges an opponent. When the attacking player is running towards the defending player, the defending player has the right to maintain his/her position. In this case, the attacking player is running towards the defending player, the defending player has the right to maintain his/her position. In this case, the attacking player must avert body contact. Note: If more than two steps or strides are taken, it shall be considered a charge
6. Cross-Checking - any player who holds his/her stick horizontally and shoves an opponent.
7. Delay of Game - a team which in the opinion to the Referee, is deliberately stalling, freezing the puck, shooting the puck out of the playing surface, or delaying the game in any manner.
8. Elbowing, Kneeing, and Kicking - any player who fouls an opponent in any manner with his/her elbow, knee, or foot.
9. Roughing - any player who, in the Referee's judgment, is guilty of unnecessary rough play.
10. High Stick - any player whose stick is brought up above his/her standing shoulder height.
11. Holding - any player who holds an opponent with his/her hands, stick, or in any other manner.
12. Hooking - any player who impedes or seeks to impede the progress of an opponent by "hooking" with his/her stick.
13. Interference - any player who interferes with or impedes the progress of an opponent who is not in possession of the puck.
14. Slashing - any player who swings his/her stick at an opponent, whether in or out of range, without actually striking him/her, or also, on the pretext of playing the puck makes a wild swing at the puck with the object of intimidating his/her opponent. Intentional aggressive contact with an opponent's stick shall also be considered slashing.
15. Stick Throwing - any player, including the goalkeeper, who deliberately throws his/her stick at the puck or puck carrier.
16. Tripping - any player, including the goalkeeper, who deliberately trips an opponent.
17. Unsportsmanlike Conduct.

Penalty Shots

1. A Penalty Shot shall be awarded in the following situations:

- Protective Equipment - deliberate removal of helmet or facial protector during a breakaway)
- Delay of Game - Goaltender deliberately dislodging the goal during a breakaway
- Throwing Stick - at puck or puck carrier during a break away
- Tripping - fouling from behind during a breakaway
- Leaving the Players' or Penalty Bench - ineligible player during a breakaway


## 2e. Scoring

1. A goal shall be scored when the entire puck has legally passed between the goal posts below the cross bar and completely across the goal line.
2. Although it is legal to kick the puck during play, it is illegal for an offensive player to kick the puck into the goal. The goal shall NOT be allowed if the puck has been kicked, thrown or otherwise deliberately directed into the goal by any means other than a stick.
3. No players, except the goalkeeper, shall stand in the goal crease, on the goal line, nor hold his/her stick in the goal crease. If a goal is scored while such conditions prevail, it shall be disallowed. However, if the defending player violates the goal crease while the goal is about to be scored, the goal will stand. This rule will be a judgment call by the officials on the floor.
4. Each goal will count for one point.
5. Games tied at the end of playing time will stand. There will be no overtime at regional qualifiers.
