



COVID-19 Response Plan

Early detection of symptoms will facilitate the immediate implementation of these control measures.

To reduce the risk of spreading the COVID-19 virus, Chapters should put an immediate pause on any program or activity where a participant has been diagnosed with the virus. All coaches and volunteers should receive information and training on the COVID-19 Response Plan prior to the initial start of their program. Each program will be required to keep attendance records for each training session, event, etc. for contact tracing should there be a positive test.

Any individual experiencing COVID-19 symptoms, or who has been advised to self-isolate, is not permitted to attend program venues. Please consult the Provincial Health Authority for the most up-to-date information on symptoms and recommendations.

Athletes and coaches must adhere to strict daily health monitoring before attending the training environment. All participants (athletes, coaches, volunteers, support persons, spectators) or anyone who will be attending the training environment must adhere to the procedures below.

- Prior to attending the training environment, all participants are required to self-monitor for symptoms of COVID-19 using the Government of Canada Self-Assessment Tool: <https://ca.thrive.health/covid19/en>
- Any participant who exhibits COVID-19 related symptoms, or who has come in close contact with a person who has symptoms of COVID-19 are not permitted to return to the training environment for at least 14 days, unless they are able to confirm they tested negative for COVID-19.

Athletes / Coaches who are absent from the training session must be contacted by the Head Coach / Community Coordinator to confirm the reason for the absence.

We will also be following a strict adherence to the following protocol for anyone who becomes symptomatic while in the training environment:

- The participant must notify the Head Coach that they are sick. The participant must be isolated immediately.
- The participant must collect their belongings, contact their parent or emergency contact and isolate in their vehicle or in a location specified by the coach, until a coach speaks with them.
- The ill participant must remain at the training location until a parent or emergency contact is satisfied that they are safe to drive or picks them up.
- A coach will put on a Face Shield, Mask and Gloves and attend to the participant as needed.
- The coach may provide support to help the athlete contact Telehealth at 1-888-797-0000
- The participant will retrace their steps to identify any surfaces touched and any close contact (persons within 2 meters for 15 minutes or longer).
- The Head Coach will wear a Face Shield, Mask and Gloves and clean all surfaces identified by the ill participant – including the sports equipment used.
- If the participant tests positive for COVID-19, proceed with the procedures below.
- The Head Coach will contact the Community Coordinator to notify of the event.

If someone tests positive for COVID-19:

Upon confirmation of a positive test for COVID-19, within 24 hours of notification, the athlete, parent/caregiver, coach, or volunteer must:

- Inform the Head Coach or Program Consultant of the positive COVID-19 test.
- Follow the Provincial Health Authority guidelines for self-isolation and remain self-isolated until their doctor or Regional Health Authority advises that it is safe to return to normal activities.

When the Head Coach or Program Consultant is notified of a positive COVID-19 case, the Head Coach must:

- Respect privacy laws and reveal the name of the individual testing positive only to the Chapter designate.
- Immediately inform the Chapter designate.
- Inform the Local Coordinator for that program that there has been a positive test.
- The Chapter designate/Program Consultant and the Head Coach will work together to notify all participants (coaches, athletes, staff and 1-1's) who attended the program over the past 21 days of the positive test.
- Put the program on pause for a minimum of 14 days from time of last program.

When the Chapter Designate is notified of a positive COVID-19 case, they must:

- Respect privacy laws and only reveal the name to the Chapter CEO.
- Inform the Chapter CEO.
- Ensure all participants have been notified there has been a positive test and advise them to watch for signs of illness. They are to be informed that they can access further information on the Provincial Healthy Authority's website.

When the Chapter CEO is notified of a positive COVID-19 case, they must:

- Advise the Chapter Board of Directors of the case and the action taken.
- Advise CEO of Special Olympics Canada of the positive test (no further details to be provided).
- Provide key messaging for staff and Local Committee members to ensure that all are providing a consistent message.

Throughout the 14-day quarantine period, the Chapter designate should:

- Check in with the individual who tested positive to ensure they have the support they require.
- Check in with the program participants to ensure all are healthy, following quarantine protocols, and have the support they require.

POSITIVE CASE COMMUNICATION TIMELINE

WHO	1-2 HOURS FROM NOTIFICATION	WITHIN 24 HOURS OF NOTIFICATION	WITHIN 14-21 DAYS AFTER NOTIFICATION
Regional Health Authority or Participant	Whoever is notified or has become aware of the positive test must contact the Head Coach or their Program Consultant.		
Head Coach	Contact Program Consultant and Community Coordinator		Follow up with other participants to ensure there are no additional positive tests
Program Consultant and Head Coach	Contact Chapter Designate	Immediate Pause on Program. Initiate plan to notify program participants.	Follow up with the participant regarding their recovery.
Chapter Designate	Contact CEO		Notify Local of their ability to resume the program
Chapter CEO	Contact SOC	Circulate key messaging to staff and local community.	