



SPECIAL OLYMPICS ONTARIO SOCCER PRE-DIVISIONING QUESTIONNAIRE

TEAM NAME: _____

HEAD COACH: _____

1. What is your teams self-assessed division of play? (please circle one)

A
B
High C
Low C
High D
Low D

2. How many players are on your team? _____

3. Based on the rating scale above, please indicate *the number of players that would rank in each ability level*. (total number must add up to the number of players on your roster). Please list their jersey numbers in the lower boxes.

A	B	High C	Low C	High D	Low D
Jersey Numbers					

4. How many years has this team played together? _____

5. Please list any PROVINCIAL or NATIONAL games the team has attended:

Provincials or Nationals	Date & Location

6. How many tournaments have you played in this current season? _____

7. Please list the teams you played against at those tournaments and the results of each game:

Tournament & Date	Opponent Team	Result

Individual Skills Assessment

Soccer

Dribbling

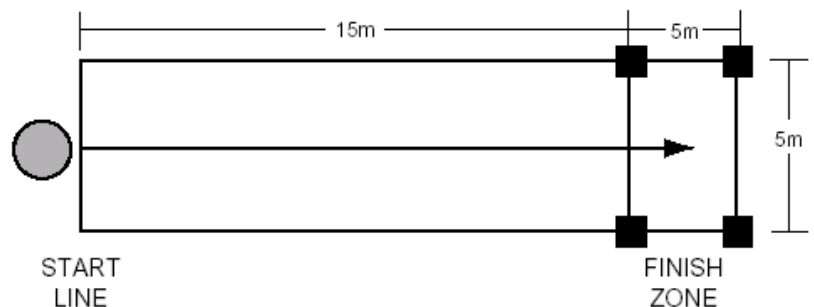
Purpose: To measure the athlete's ability in dribbling the ball.

Equipment: #5 or #4 ball, tape or chalk, 4 large cones to mark the finish zone.

Description: The player dribbles from the starting line to the finish zone, staying inside the marked lane. The finish zone should be marked off with cones as well as chalk. The clock is stopped when both the player and the ball are stopped inside the finish zone. If the player overshoots the finish zone, he/she must dribble it back in to finish.

Scoring: The time (in seconds) elapsed while the player is dribbling is converted into points using the scale below. A deduction of 5 points is made for each time the ball runs over the side-lines of the lane or if a player touches the ball with his/her hands (note: If the ball runs over the side-line, the referee will immediately place another ball in the center of the lane opposite the point at which the ball went out.)

Scoring Conversion Chart	
Dribble Time (Seconds)	Point Score
0-4	65 points
5-7	60 points
8-10	55 points
11-13	50 points
14-15	45 points
16-20	40 points
21-25	35 points
26-30	30 points
31-35	25 points
36-40	20 points
41-45	15 points
46-50	10 points





Individual Skills Assessment

Soccer

Control and Pass

Purpose: To measure athlete's ability and control in passing.

Equipment: Four (4) to eight (8) #4 or #5 soccer balls, six (6) cones, four (4) 1m flags.

Description: Place two (2) cones to form a "passing gate" 5m wide, 7m from the starting line.

Set-up two passing "target gates" (cones and 1m flags if possible) as shown.

Coach retrieves four (4) to eight (8) balls (if balls are in short supply, use four (4) balls but have an efficient retrieval system for returning balls to the coach).

Test:

Time: 1 minute

Coach rolls the ball at a moderate pace to the waiting player.

The player may wait on the line or move towards the ball once it has been rolled.

Player controls the ball and dribbles through the passing gate.

Coach alternately calls and physically indicates "left" or "right" to designate target.

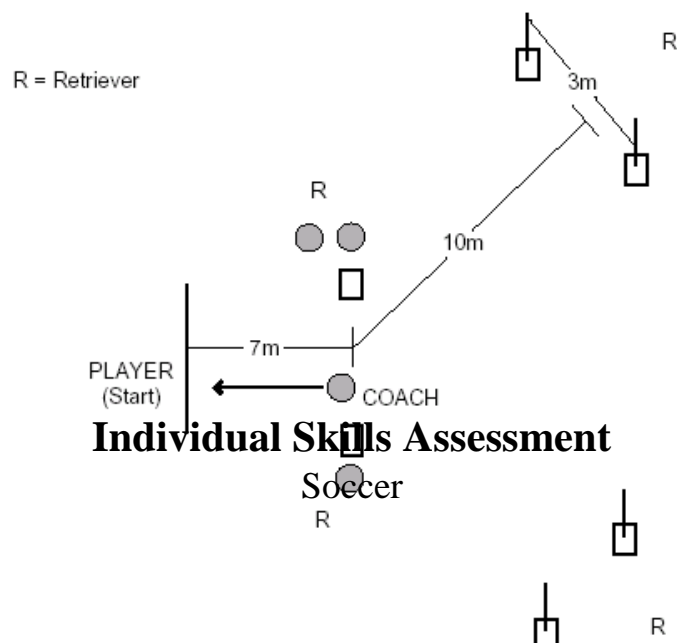
Ball 1: Right / Ball 2: Left / Ball 3 : Right etc.

Players can dribble as close as they like before passing the ball through the target.

The coach will roll the next ball as soon as the player returns to the starting line.

At 1 minute, a whistle will be blown to signify the end of the test.

Scoring: Player scores ten (10) points for each successful pass through a target gate. A ball that hits the cone and goes through will count.



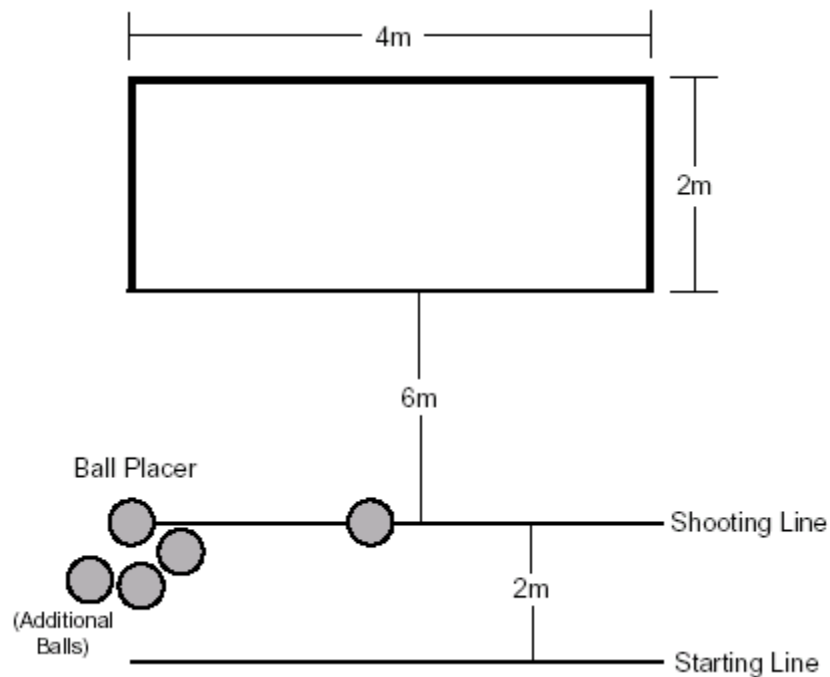
Shooting

Purpose: To measure the athlete's ability to to shoot the ball.

Equipment: Five #5 or #4 balls, tape or chalk, 4m x 2m 5 a-side goal with net.

Description: Player begins at the start line and walks or runs to shoot the ball into the goal from a distance of 6m. The player returns to the line. Ball placer (official) places the next ball to be shot. Player repeats. Total of 5 shots.

Scoring: Each successful goal scores 10 points.





Individual Skills Assessment Soccer

Evaluation Page

Team Name: _____ Head Coach: _____

Name	Jersey #	Dribbling	Control & Pass	Shooting	Athlete's TOTAL Score
Team Totals					

