

Special Olympics Ontario Bocce Ball Pre-Divisioning Questionnaire

Individual Skills Assessment

Bocce Ball

Distance to the Pallina

Purpose: To evaluate the athlete's throwing accuracy to the pallina from numerous distances.

Equipment: bocce balls, bocce court, pallina, measuring tape, measuring stick.

Description: The coach will have the player throw 8 balls to a pallina centred at each of the 3 distances. During the throws, if the pallina is moved from its spot on the 30, 40 or 50 ft. line, it is to be replaced on the spot before the next ball is rolled and before any measurements are taken.

Scoring: The coach will record the distances in inches of the ball thrown from the pallina.



Individual Skills Assessment Bocce Ball

Evaluation Page

Team Name:	Head Coach: _			
Athlete Name:	SOO #:	M/F:		

	30 ft line		40 ft line		50 ft line	
Throw #	Distance (inches)	Closest 3 throws (inches)	Distance (inches)	Closest 3 throws (inches)	Distance (inches)	Closest 3 throws (inches)
1						
2						
3						
4						
5						
6						
7						
8						
Totals						