Special Olympics Ontario
Bocce Ball Pre-Divisioning Questionnaire

Individual Skills Assessment

Bocce Ball

Distance to the Pallina

Purpose: To evaluate the athlete's throwing accuracy to the pallina from numerous distances.

Equipment: bocce balls, bocce court, pallina, measuring tape, measuring stick.

Description: The coach will have the player throw 8 balls to a pallina centred at each of the 3 distances. During the throws, if the pallina is moved from its spot on the 30,40 or 50 ft . line, it is to be replaced on the spot before the next ball is rolled and before any measurements are taken.

Scoring: The coach will record the distances in inches of the ball thrown from the pallina.

## Individual Skills Assessment

## Bocce Ball

Evaluation Page

Team Name: $\qquad$ Head Coach: $\qquad$
Athlete Name: $\qquad$ SOO \#: $\qquad$ M/F: $\qquad$

|  | 30 ft line |  | 40 ft line |  | 50 ft line |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Throw \# | Distance (inches) | Closest 3 throws (inches) | Distance (inches) | Closest 3 throws (inches) | Distance (inches) | Closest 3 <br> throws <br> (inches) |
| 1 |  |  |  |  |  |  |
| 2 |  |  |  |  |  |  |
| 3 |  |  |  |  |  |  |
| 4 |  |  |  |  |  |  |
| 5 |  |  |  |  |  |  |
| 6 |  |  |  |  |  |  |
| 7 |  |  |  |  |  |  |
| 8 |  |  |  |  |  |  |
|  |  |  |  |  |  |  |
| Totals |  |  |  |  |  |  |

