

SPECIAL OLYMPICS ONTARIO
7000-209 Coach Ratios

EFFECTIVE DATE: February 2021

REVIEW DATE: February 2021

Coach Ratios

The following Athlete to Coach ratios will apply for all of the sports listed below the stated ratios.

5:1 Athlete/Coach Ratio

- Basketball (10:3 for major games)
- Curling (5:2 for major games)
- 5 Pin Bowling
- Floor Hockey
- Soccer (12:3 for major games)
- Softball
- Bocce

4:1 Athlete/Coach Ratio

- Powerlifting
- Rhythmic Gymnastics

- Swimming (Lifeguards can not be counted in the ratio)
- Track & Field
- 10 Pin Bowling
- Golf

3:1 Athlete/Coach Ratio

- Alpine Skiing
- Figure Skating
- Nordic Skiing
- Snowshoeing
- Speed Skating

The above ratios are minimum athlete to coach requirements for not only Conference competitions, Provincial and National Games, but for all Special Olympics Ontario competitions and practices. They ensure that athletes are safe and supervised at all times.