

SPECIAL OLYMPICS ONTARIO
7000-209 Coach Ratios

EFFECTIVE DATE: September 2026

REVIEW DATE: September 2026

Coach Ratios

The following Athlete to Coach ratios will apply for all of the sports listed below the stated ratios.

5:1 Athlete/Coach Ratio

- Basketball (10:3 for major games)
- Curling (5:2 for major games)
- 5 Pin Bowling
- Floorball (10:3 for major games)
- Floor Hockey
- Soccer (12:3 for major games)
- Softball

4:1 Athlete/Coach Ratio

- Athletics (Track & Field)
- Bocce
- Figure Skating

- Golf
- Powerlifting
- Rhythmic Gymnastics
- Snowshoeing
- Speed Skating
- Swimming (Lifeguards can not be counted in the ratio)
- Tenpin Bowling

3:1 Athlete/Coach Ratio

- Alpine Skiing
- Nordic Skiing

The above ratios are minimum athlete to coach requirements for not only Conference competitions, Provincial and National Games, but for all Special Olympics Ontario competitions and practices. They ensure that athletes are safe and supervised at all times.