Provincial Spring Games Powerlifting



Athletes from the 2020 Spring Games

Athletes who were identified to attend the 2020 games are required to participate in an invitational competition (HTG, etc) and submit their results HERE.

New Athletes for the 2024 Spring Games

- 2020 Quota = 45 2024 Quota = 50
- 2020 Returning Athletes = 35
- Quota available = 15
- Each Provincial Conference Qualifier (3) will be awarded one (1) Male and one (1) Female quota. Total six (6) quota.
- Remaining sport quota (9) will be divided to proportionally represent the gender split of athletes who competed in powerlifting across the Province.
 - I.e. if males represented 65% of the participation across the province, male quota would represent approximately 65% of the remaining sport quota allocations.
- Gender specific quota will then be awarded to qualifying competitions based on percentage participation numbers.
 - I.e. if Conference A had 20% of the total male participation across all qualifiers, they would receive approximately 20% of the total remaining male sport quota.
- Identification within each conference will take place based on overall scores using the IPF-GL formula.