

**NORTHWESTERN ONTARIO REGIONAL
SPRING GAMES
Thunder Bay, Ontario**

**5 pin Bowling Competition
March 27 & 28, 2026
Swim Competition March 28, 2026**

****Schedule****

Bowling: Mario's Bowl – 710 Memorial Avenue

9:00 AM Opening Ceremonies (March 28)

9:15 AM Bowling begins

**Bowlers whom will be competing in swimming on March 28, will bowl on
Friday March 27 at 5 pm**

Please Note: Bowlers must wear their bowling shirts and black pants
and Female Swimmers must wear a 1piece swimsuit

Swimming: Saturday March 28 (Heats & Adapt end competition)

10 am to 1 pm (be on deck by 9:45 am)

Lakehead University Fieldhouse

955 Oliver Road

Banquet and Dance: Italian Cultural Centre, 132 Algoma St. S.

Symposium 5:00 PM

Dinner at 6:00 PM

Awards

Dance until 10:00 PM

ANYONE ATTENDING THE BANQUET MUST HAVE A PRE-PURCHASED TICKET

\$32.00 – cost for banquet (pasta/meatballs/salad/buns/ice-cream /pop and coffee/tea)

Persians later in the evening

(gluten free pasta – meatballs and buns are available – will need the names of persons whom
request gluten free)

**** Please let me know if there are any other special dietary needs****

Banquet -- \$32.00 x # of persons attending _____ = \$

Northwestern Ontario Regional Spring Games
Thunder Bay ON
March 27 & 28, 2026

REGISTRATION FORM

Community: _____

Contact: _____

Address: _____

Phone: _____

Email: _____

ATHLETE NUMBERS

Total number of 5-pin bowlers: _____ Total males: ____ Total females: _____

Total number of swimmers: _____ Total males: ____ Total females: _____

Total number of athletes _____ Total males: ____ Total females: _____

= TOTAL ATHLETES: _____

Total number of coaches: _____ Total males: ____ Total females: _____

Please list coaches and volunteers from your community:

Name	Attending Banquet (Please check)

***Others attending Banquet from your community (do not include any of the above)
PLEASE LIST**

REGISTRATION COSTS

Bowling registration fee per Athlete will be \$20.00

of Athletes -- \$20.00 x _____ = \$ _____

Registration fee per Athlete for Swimming will be \$15.00

of Athletes swimming -- \$15.00 x _____ = \$ _____

PLEASE NOTE:

Swimming and Bowling Forms must be scanned and emailed by
Sunday March 1, 2026

to: Denita Minoletti at dminoletti1@shaw.ca

The cheques for the banquet/registration fees can be given to Denita Minoletti on Friday or Saturday at the bowling alley. Banquet tickets will be issued at that time. However, we would like your lists in **by March 1** so we can organize the tournament at the bowling lanes and provide numbers for the banquet.

If you have any questions, please call or email me:

Denita Minoletti
(807) 628-6840 (cell) I have voice mail on this #
Email: dminoletti1@shaw.ca

Total Bowling Registration -- \$ _____

Total Swim Registration -- \$ _____

Total Banquet Cost -- \$ _____

TOTAL OF THE CHEQUE TO BE GIVEN TO DENITA --
\$ _____

**Northwestern Ontario Regional Spring Games
Thunder Bay, Ontario
March 27 & 28, 2026**

**5-PIN BOWLING ROSTER
Registration Form**

Community _____

#	Player's Name and 	SOO #	Current League Average	Last year's Final Average
1.				
2.				
3.				
4.				
5.				

Coach _____

Telephone _____

Email Address _____

**Northwestern Ontario Regional Spring Games
Thunder Bay, Ontario
Swim Competition—March 28, 2026**

SWIMMING REGISTRATION FORM

Community _____

S.O.O. Reg. #				
Name: Last: First:				
Gender: M: F:				
Birth Date D/M/Y				
EVENT	ENTRY TIME Min. Sec Tnth	ENTRY TIME Min. Sec Tnth	ENTRY TIME Min. Sec. Tnth	ENTRY TIME Min. Sec. Tnth
Freestyle 25M AQ 25MF				
Freestyle 50M AQ50MF				
Freestyle 100M AQ100MF				
Freestyle 200M AQ200MF				
Freestyle 400M AQ400MF				
Backstroke 25M AQ25BK				
Backstroke 50M AQ50BK				
Backstroke 100M AQ1CBK				
Backstroke 200M AQ1CBK				

**Northwestern Ontario Regional Spring Games
Thunder Bay, Ontario
Swim Competition March 28, 2026**

SWIMMING REGISTRATION FORM (Continued)

Community _____

EVENT	ENTRY TIME Min. Sec Tnth	ENTRY TIME Min. Sec Tnth	ENTRY TIME Min. Sec. Tnth	ENTRY TIME Min. Sec. Tnth
Breaststroke 25M AQ25BS				
Breaststroke 50M AQ50BS				
Breaststroke 100M AQ1CBS				
Breaststroke 200M AQ2CBS				
Butterfly 25M AQ25BF				
Butterfly 50M AQ50BF				
Butterfly 100M AQ1CBF				
Butterfly 200M AQ2CBF				
Ind. Medley 100M AQ1CIM				
Ind. Medley 200M AQ2CIM				

NOTE: An athlete must enter a minimum of two and a maximum of six events, excluding relay.

RELAY EVENTS

- Freestyle Relay
- 4 x 100 Metre Freestyle Relay
- 4 x 25 Metre Medley Relay
- 4 x 50 Meter Medley Relay

Please submit to:

Denita Minoletti
dminoletti1@shaw.ca