

Natalie Pooran Memorial Track Meet

TORONTO SPECIAL OLYMPICS ONTARIO



Saturday, August 9, 2025

Registration Deadline is July 30th

****No new athlete additions will be made afterwards!***

Toronto Track And Field Centre (York University)

Address: 231 Ian MacDonald Blvd.

Toronto, ON M7A 2C5

9:00 am – 4:00 pm

Registration Fee: \$20 per athlete

TEAM REGISTRATION ENTRIES:

Michael Chung

(416) 447-8326 X256

Email: michaelc@specialolympicsontario.com

Directions:

Toronto Track And Field Centre (York University)

ADDRESS: 231 Ian MacDonald Blvd. Toronto, ON M7A 2C5

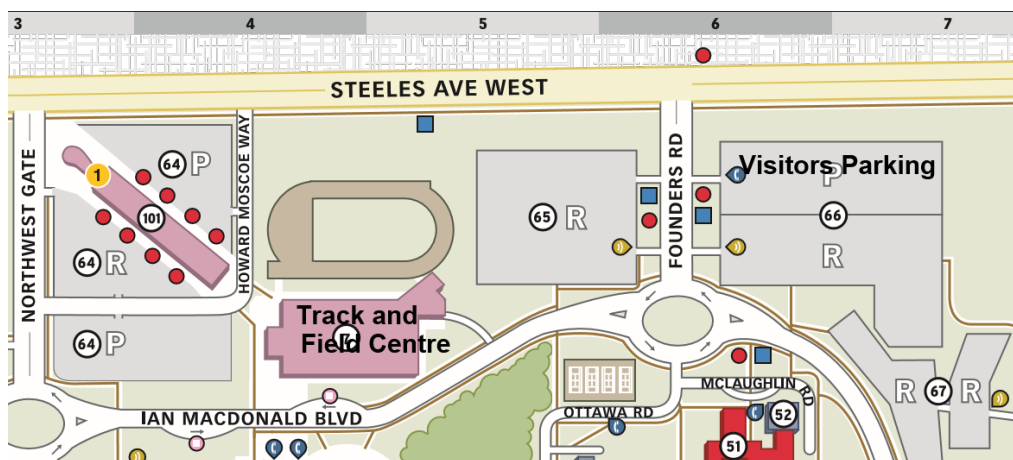
PARKING: On-site with an added cost on weekends (may be limited as there is may be a tennis event taking place)

BY CAR: From Hwy 401, exit Keele St. or Jane St. Take Steeles Ave. W. - drive west of Keele St. - turn left at Founders Rd. - right on Ian MacDonald Blvd.

BY TTC: 106 York University Bus - Subway: York University Subway Stop



TRACK AND FIELD CENTRE - YORK UNIVERSITY CAMPUS MAP



Visitors Parking: - Founders Rd. East Visitor's Lot – access from Founders Rd.

***There may be a tennis event so parking may be busier than normal.**

Schedule (Tentative-Subject to Change):

- 8:30 am Meeting of Officials/Volunteers/Timers' clinic
- 9:00 am Registration of Teams
NO day-of entries will be accepted
Registration fee payment
Submit team scratches
Heat sheets will be distributed at registration
- 9:30 am Coaches' Meeting
- 9:45 am Opening Ceremony/O Canada/ Athletes' oath
- 10:00 am Start of Meet
- 3000/5000 meter
- 25 metre wheelchair
- 50 metre (athletes entered in a 50m should NOT be entered in 100m)
- 100 metre
- 400 metre
- 1500 metre
- LUNCH - Will be provided for athletes, coaches, officials and volunteers
- 800 metre
- 200 metre
- *4 x 100 metre relay (*time permitting)
Registration for this event will be received during the lunch break on the day of the meet. Any combination of athletes (age, gender) will be permitted.

Running Long Jump, Standing Long Jump, Mini-Javelin, Shot put and High Jump (1:00pm Start) will be opened throughout the day, until approximately, 2:30 p.m.

Track Events take first priority. If athletes are at field events when their running events are called, they must let the recorder know that they are needed at the track. After completion of running events, they could then report back to field events.

NOTE:

- Start of track events will be called a maximum of 3 times.
- Athletes not present for their assigned races will be entered as – DNS
- Field events will be closed during the lunch break, except for high jump.
- Listen for events.
- Lunch time could be adjusted, if necessary.

Registration:

Please register each athlete and coach participating in the tournament no later than **July 30th, 2025**, by submitting the completed spreadsheet (attached to initial invitation email) to: michaelc@specialolympicsontario.com

Team reports with entries will be emailed prior to the competition, to verify all times and information. Please review this document carefully as NO day-of registrations will be accepted.

Registration Fee: \$20 per athlete**Spectators:**

Please note that all spectators are to refrain from entering the running track area, the field (jumping and throwing pits) area, as well as the grass along the track. These areas are only for athletes, coaches, officials and event volunteers. Spectators will be asked to leave area for safety reasons. There are bleachers (stadium seating) available for all spectators and should not be sitting with teams on the field.

Pets:

Please note that the Toronto Track & Field Centre does not allow for pets to be on the track or field area or within the facility. Proper support/service animals may be permitted. Please contact the Toronto Track & Field Centre for more information.

Don't forget to bring the following:

- Lawn Chairs
- Team Tents
- Sunscreen
- Hats
- Water Bottles to fill at the stadium's refill stations
- Extra snacks and food as required
- Sports Equipment

Lunch:

Anyone with dietary restrictions are asked to bring their own lunch and snacks as a precaution.

****RESULTS WILL BE EMAILED TO TEAMS FOLLOWING THE MEET ****

Ribbons will be mailed to coaches after the meet