



Sponsors: Special Olympics Ontario London

INVITATIONAL
Push-Pull Powerlifting Competition
LONDON, ONTARIO
SUNDAY, DECEMBER 8th, 2024
8:00 – 4:30

Clarke Road Secondary School
300 Clarke Road, London, ON
Bench Press & Deadlift
(Maximum 40 athletes)
COST: \$25.00 per athlete
Attach cheque with registration form:

DEADLINE FOR REGISTRATION:
November 23rd, 2024

Schedule to follow registration.
Weigh in & Equipment check from 8:00 – 8:30
Lunch will be provided at the venue for all athletes & coaches
Please note any special dietary requests.

QUESTIONS?
Phone Rick Walker 519-860-7236
<mailto:rickwalker@rogers.com>



**S.O.O. POWERLIFTING INVITATIONAL
COMPETITION
SUNDAY, DECEMBER 8TH, 2024
ATHLETE REGISTRATION**



COMMUNITY NAME _____

CONTACT NAME _____ **email address:** _____.

EMERGENCY PHONE NUMBER IN CASE OF CANCELLATION ETC

	ATHLETE NAME	ATHLETE WEIGHT (KGS)	O.S.O. REG #	SHIRT SIZE	MALE/ FEMALE
1					
2					
3					
4					
5					
6					
7					
8					
9					
10					
	COACHES		O.S.O. REG#		
1					
2					
3					

***ANY athlete without proper SOO registration number cannot and will not be allowed to participate.**

Please forward this amount with this form. Thank you.

DEADLINE IS NOVEMBER 23rd, 2024
RETURN PAYMENT TO:
Special Olympics Ontario London
P.O. Box 918 Stn B
London, Ontario, N6A 4Z3

Clarke Road Secondary School 300 Clarke Road, London

Clarke Road Secondary School is situated in the east part of London. The entrance is on the east side of the building. The back of the school faces an arena and tennis courts

From Highway 401

- Proceed north on Exit 194 Exit (Veterans Memorial Parkway) for 6.5 kms and exit onto Trafalgar Street
- Turn (left) on Trafalgar Street and go 1.9 kms to Clarke Road
- Go 1.0 km and Turn right on Eastwood Street. Go a hundred yards and turn left into the parking lot
- Park at the back of the school. Plenty of free parking

