



Sponsors: Special Olympics Ontario Kitchener Waterloo

INVITATIONAL

Push-Pull Powerlifting Competition
KITCHENER WATERLOO, ONTARIO
SUNDAY, MARCH 10th, 2024
8:00 – 4:30

CROSSFIT KITCHENER

543 Mill St. Unit #6

Kitchener, ON N2G 2Y5

Bench Press & Deadlift

(Maximum 30 athletes)

COST: \$25.00 per athlete

Attach cheque with registration form:

DEADLINE FOR REGISTRATION:

February 25th, 2024

Schedule to follow registration.

Weigh in & Equipment check from 8:00 – 8:30

Lunch will be provided at the venue for all athletes & coaches

Please note any special dietary requests.

QUESTIONS?

Phone: Ellen Libertini 519-404-0931

Email : ellenlibertini@gmail.com



**S.O.O. POWERLIFTING INVITATIONAL
COMPETITION
SUNDAY, MARCH 10TH, 2024
ATHLETE REGISTRATION**



COMMUNITY NAME:
CONTACT NAME:
EMAIL ADDRESS:
EMERGENCY PHONE NUMBER:

	ATHLETE NAME	ATHLETE WEIGHT (KGS)	O.S.O. REG #	SHIRT SIZE	MALE/ FEMALE
1					
2					
3					
4					
5					
6					
7					
8					
9					
10					
	COACHES		O.S.O. REG#		
1					
2					
3					

***ANY athlete without proper SOO registration number cannot and will not be allowed to participate.**

DEADLINE IS FEBRUARY 25th, 2024

**RETURN PAYMENT TO:
Special Olympics Ontario London
P.O. Box 40107
Waterloo, ON N2J 4V1**