



Sponsors: Special Olympics Ontario London

INVITATIONAL
Push-Pull Powerlifting Competition
LONDON, ONTARIO
SATURDAY, DECEMBER 9th, 2023
8:00 – 4:30

B Davison Secondary School
Bench Press & Deadlift
(Maximum 40 athletes)
COST: \$25.00 per athlete
Attach cheque with registration form:

DEADLINE FOR REGISTRATION:
November 25th, 2023

Schedule to follow registration.
Weigh in & Equipment check from 8:00 – 8:30
Lunch will be provided at the venue for all athletes & coaches
Please note any special dietary requests.

QUESTIONS?
Phone Rick Walker 519-860-7236
<mailto:rickwalker@rogers.com>



**S.O.O. POWERLIFTING INVITATIONAL
COMPETITION
SATURDAY, DECEMBER 9TH, 2023
ATHLETE REGISTRATION**



COMMUNITY NAME _____

CONTACT NAME _____ **email address:** _____.

EMERGENCY PHONE NUMBER IN CASE OF CANCELLATION ETC

	ATHLETE NAME	ATHLETE WEIGHT (KGS)	O.S.O. REG #	SHIRT SIZE	MALE/ FEMALE
1					
2					
3					
4					
5					
6					
7					
8					
9					
10					
	COACHES		O.S.O. REG#		
1					
2					
3					

***ANY athlete without proper SOO registration number cannot and will not be allowed to participate.**

Please forward this amount with this form. Thank you.

DEADLINE IS NOVEMBER 25th, 2023
RETURN PAYMENT TO:
Special Olympics Ontario London
P.O. Box 918 Stn B
London, Ontario, N6A 4Z3

B. Davison Secondary School (formerly Thames Secondary School)

B. Davison Secondary School is situated in the east part of London. It is situated at 785 Trafalgar Street.

From Highway 401

- **Proceed north on Exit 189 Exit (Highbury Avenue) 2.7 kms and exit onto Commissioners Road**
- **Turn (left) on Commissioners Road East and go 2.3 kms to Adelaide Street**
- **Go 2.3 kms and Turn right on Nelson Street and right again on Lansdowne Ave which will bring you to Trafalgar Street and you will see the school.**
- **Park at the back of the school. Plenty of free parking**

