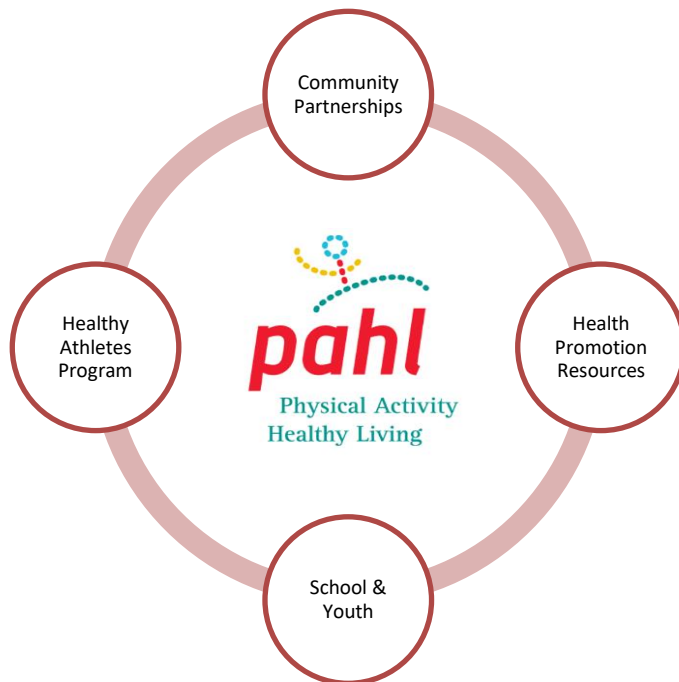


The *pahl* Project



Project Overview

With funding support from the Ontario Trillium Foundation, Special Olympics Ontario (SOO) is focusing on The *pahl* (physical activity healthy living) Project to promote healthy active lifestyles to people with ID.

Community Partnerships

Coordinate a series of sport and fitness forums that link community partners, volunteers and families to SOO.

Health Promotion Resources

Create toolkits/resources/a website to assist our coaches and families to integrate healthy living training into their programs.

School & Youth

Host a series of youth and school health promotion initiatives linking athletes to Special Olympics as part of our provincial games outreach strategy.

Healthy Athletes Program

Run Healthy Athletes Programs across Ontario to provide health screenings and training to SOO athletes and non-athletes.

For more information please contact:

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